

**WE'VE STARTED TUESDAY EVENING CHELATION - CALL US!**

## New hope for people suffering with heart disease, high blood pressure, cold feet, failing memory or sight

Regular medical care for heart and circulation problems has sometimes been based on a misunderstanding that daily drugs and surgery are the only options — besides “learning to live with it.” Yet, common sense can show you how your condition might respond better than you ever hoped. You owe it to your family to find out more.

Your *heart* pumps blood through tubes called *arteries* to every *organ* of your body. When blood flow is great, you count on your body to *function* as intended. Follow down the diagram.

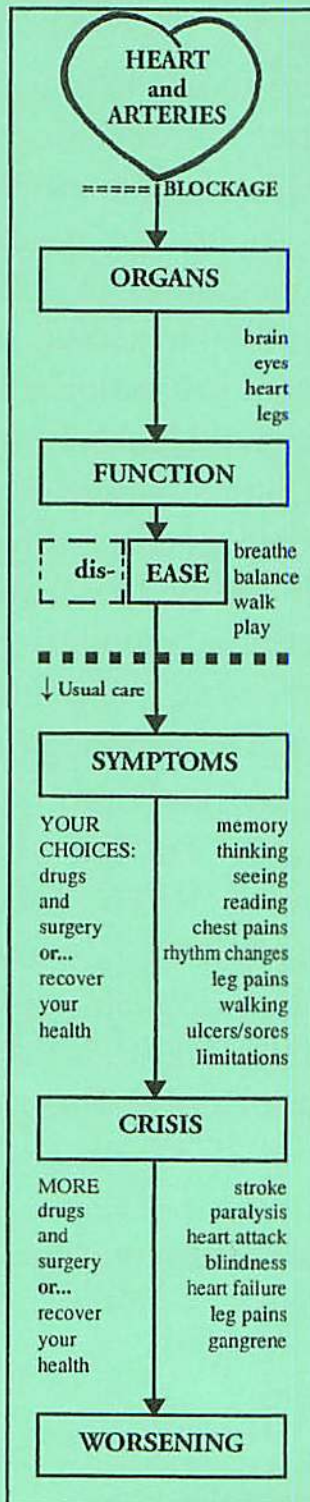
When you function like when you were younger, you are at *ease* with daily activities.

Chemicals can injure the delicate linings in your blood vessels. Tiny injuries can progress over years to artery *blockage*. This is just one way pollution can steal your health and shorten your life.

Every part of your body depends on clean air, clean water, and clean food. Chemical pollution includes smog, water contaminants, pesticides, tobacco, and preservatives or additives on labels whose names you can't pronounce. *Toxic* metals include mercury (in dental fillings), aluminum (cookware, antacids, antiperspirants, cans) and lead (engine fumes, paints, pipes) — and many are found in foods and other items we contact daily.

As *blockage* (plaque) progresses, blood flow to your *organs* gradually slows. They begin to suffer and decline in *function*. You become less and less at *ease*, which is the slow beginning of *dis-ease*. The technical names are arteriosclerosis (hardening arteries) and atherosclerosis (blocked arteries). Either can steal your health.

Following further down the diagram, you can see how you start to suffer with various *symptoms*. You reach for relief on pharmacy shelves or at the prescription counter. Perhaps your symptoms are severe enough — or last long enough — that you have balloon



angioplasty or bypass surgery.

But none of these treatments aim at the true cause of many pains: *blockage* in the many, many miles of very tiny arteries that you depend on to carry blood to every *organ* of your body.

Indeed, medications *slow* or *stop* certain uncomfortable *symptoms* but can have disturbing side effects. Surgery can open or bypass a few inches of the larger blood vessels — but no operation can bypass the tiniest arteries in your organs.

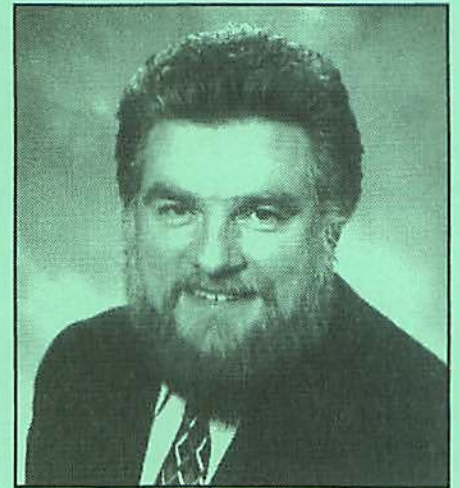
Finally, you worsen to the point of *crisis*, where stronger drugs and bigger operations seem to be your only choices. At some point, toxic side effects or surgical limitations can lead to your steady *worsening*.

Rather than getting conventional (usual) treatment starting *below* the dotted line separating *dis-ease* and *symptoms* on the diagram, you can choose an alternative medical solution: health recovery through Chelation Therapy.

This non-surgical treatment is aimed at the top of the diagram, correcting the tiniest blood vessel hardening that often is the *problem* causing many heart and circulation problems.

Chelation (key-LAY-shun) stimulates natural healing processes by removing toxic metals lodged in body organs, by changing calcium balance, and by reducing “rusting” damage (called *free radicals*).

Your body responds by removing hardening calcium from your *arteries*, allowing more



JOHN PARKS TROWBRIDGE M.D.

blood flow to your *organs*, improving your *function*, restoring your *ease*. Makes sense.

Do you hope for lasting relief? Are you looking for alternatives to daily drugs or surgery? Do you remember the days when you had better memory, better vision, more energy, fewer discomforts, better rest? Most get results in as few as 24 to 36 treatments and enjoy life, work, family and sports more.

Many physicians don't know about this medical alternative and thus can be skeptical. The FDA finds Chelation Therapy effective for removing toxic metals, but has not determined this simple solution is effective for heart and arteries. Treatment does not involve cortisone or aspirin or “pain” drugs. As with all treatments, individual results vary, and no doctor can guarantee to help with any specific problem.

It's not too late for you to find out whether your heart or circulation problems might find relief with Chelation Therapy, by treating the real cause of your problems:

**DIAL 1-800-FIX-PAIN today.**

John Parks Trowbridge M.D. was program chair for the advanced training seminar in Chelation Therapy, is certified as a specialist by the American Board of Chelation Therapy and serves on its Protocol Council. He has published a written book (1985) and a book on tape (1997) on how chelation helps to recover health. Respected as an author and leader, patients from six continents have visited his **LIFE CELEBRATING HEALTH** office and he is listed in over two dozen volumes of “Who's Who.” Visit his website at [www.healthCHOICESnow.com](http://www.healthCHOICESnow.com).



**JOHN PARKS TROWBRIDGE M. D.** graduated from Stanford University and from the School of Medicine at Case Western Reserve University. After a surgical internship at Mt. Zion Hospital and Medical Center in San Francisco, he briefly studied urological surgery at the University of Texas Health Sciences Center in the Texas Medical Center in Houston before starting a general medical practice in Humble. By 1981, Dr. Trowbridge was turning to the study of how nutritional changes - with supplements and diet - could improve the condition of patients with chronic degenerative diseases. In 1985, he was awarded a Diplomate in Preventive Medicine for graduate studies in nutrition through the Medical Research Institute of the Florida Institute of Technology in Melbourne. Dr. Trowbridge became certified as a specialist by the American Board of Chelation Therapy in 1985 and by the American Board of Biologic Reconstructive Therapy (arthritis and pain medicine) in 1993, and by the American Board of Anti-Aging Medicine in 1998. He served as a director and officer of the American College for Advancement in Medicine (1984- 1991), as chairman of the board of governors of the National Health Federation in 1989, and as president of the Great Lakes College of Clinical Medicine in 1995. He was appointed by GLCCM in 1996 as one of six members of the Protocol Council of the American Board of Chelation Therapy. In 1996, Dr. Trowbridge became program chair for the advanced Chelation training seminars in Heavy Metal Toxicology: Diagnosis and Treatment. In 1997, he was appointed a director of the Institute for Health Freedom in Washington, D.C. Among his several books are three bestsellers: million-copy-plus **The Yeast Syndrome** (1986), **Chelation Therapy** (1985), and **Do What You Want To Do** (1996). A new "book-on-tape" on Chelation therapy, titled **LIVING WELL PAST 50: Rejuvenate Your Heart and Arteries**, was released in January of 1998, featuring 3 hours of patient interviews and "plain English" explanations of the Chelation program. His LIFE CELEBRATING HEALTH ASSOCIATION medical office is conveniently located near the George Bush Intercontinental Airport.

**Dial 1-800-FIX-PAIN for more information.**