

LIFE CELEBRATING HEALTH ASSOCIATION

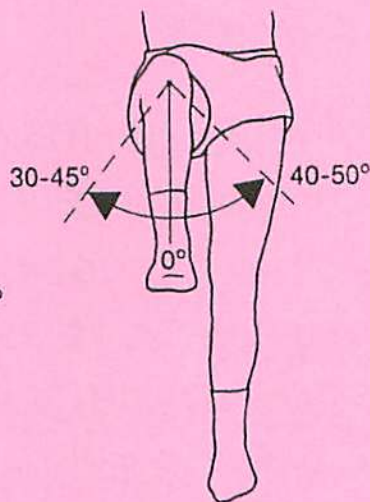
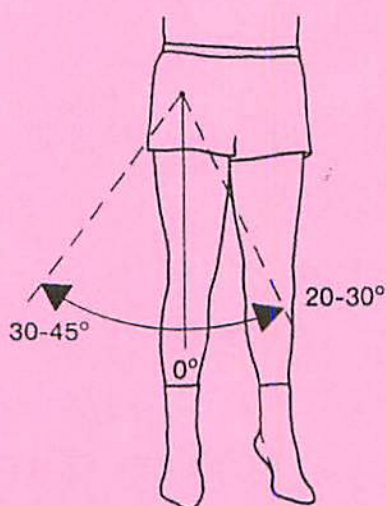
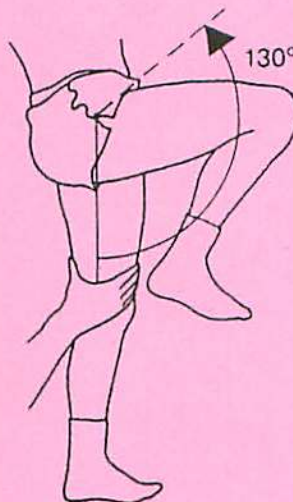
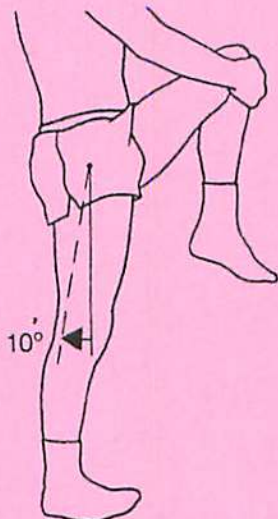
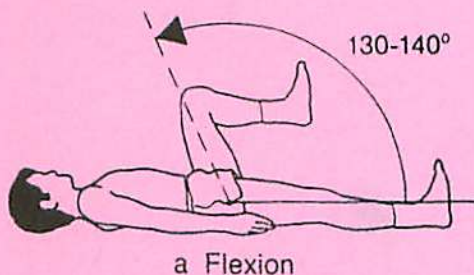
John Parks Trowbridge M.D., FACAM

FRUSTRATED WITH HIP - KNEE - ANKLE PAINS?

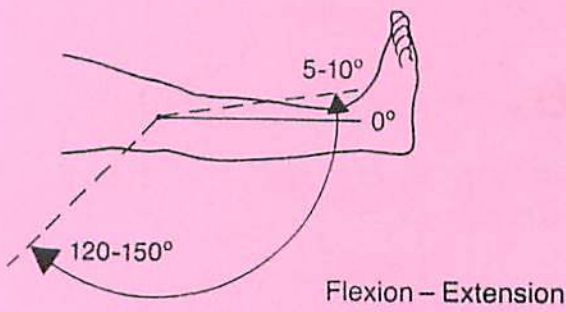
DO YOU HAVE A PROBLEM THAT COULD BE FIXED NOW? COULD YOU FINALLY STOP HURTING?

4. Hip Joint (Fig. 19)

MARK WITH A RED LINE HOW FAR YOU CAN BEND IN EACH OF THESE WAYS



5. Knee Joint (Fig. 20)



6. Ankle Joint (Fig. 21)

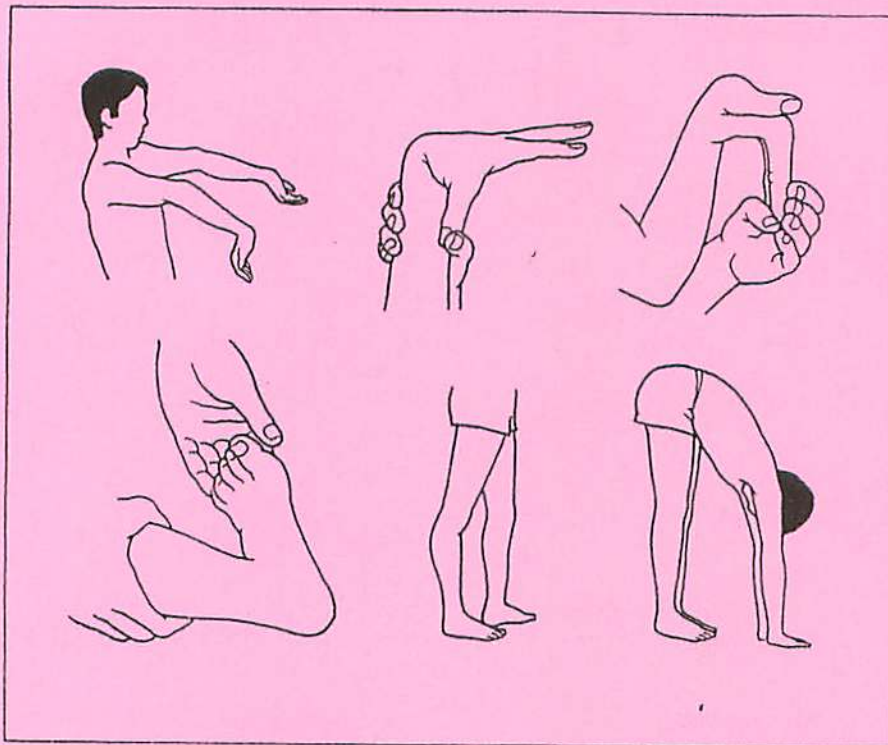
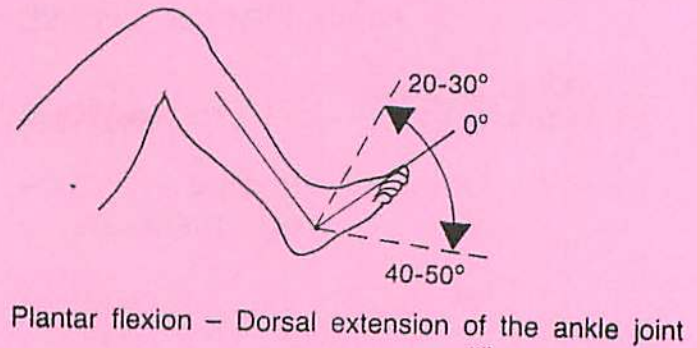


Fig. 6 Hyperlaxity syndrome

ARE YOU DOUBLE-JOINTED BUT DIDN'T KNOW IT? PEOPLE WHO ARE "EXTRA MOBILE" CAN HAVE PAINS THAT LINGER FOR YEARS — AND CAN MORE EASILY DEVELOP ARTHRITIS. WHATEVER YOUR PROBLEM, CALL NOW FOR DETAILS ON HOW RECONSTRUCTIVE THERAPY MIGHT HELP YOU:

DIAL (281) 540-2DAY

DIAL (1-800) FIX-PAIN

(19\B\MOBLE.DOC) (BONP-DSB-PRL) (06.93) (EXSEC-TDB)