

URGENT ANSWERS NOW TO YOUR URGENT QUESTIONS

Current patients may request a no-fee written
professional medical opinion
regarding whether they personally should refrain at this
time from getting any of the recently approved COVID-19
vaccines – Simply print this email, take 2 minutes to
answer these questions, then scan and email your
responses* to

patient@healthCHOICESnow.com

for a free review and assessment personally by Dr.
Trowbridge. Your reply will be on Life Celebrating Health
letterhead with handwritten comments, date, and signature
of Dr. Trowbridge, to keep in your files.

*If you don't have a scanner, simply print this email,
circle your responses, and fax or send to address below.

Q. Are you above the age of 70?

Circle: no --- YES

Q. Have you been diagnosed as having recovered from
COVID-19 or have you had a "positive" test?

Circle: no --- YES

Q. Have you had disturbing reactions to any earlier
vaccinations, even as a child?

Circle: no --- YES

Q. Have you had reactions to any oral, injectable, or
topical medications, even as a child?

Circle: no --- YES

Q. Have you had reactions to cosmetics, perfumes or
colognes, or other products that came into contact with
your skin, even as a child?

Circle: no --- YES

Q. Have you had reactions to any local or general
anesthesia?

Circle: no --- YES

Q: Have you received a transplanted organ (heart, kidney,
liver, other)?

Circle: no --- YES

Q: Are you currently receiving treatment for any kind of
cancer?

Circle: no --- YES

Q: Have you been treated earlier for any kind of cancer?

Circle: no --- YES

Q. Are you *daily* or *often* taking cortisone/corticosteroid/
steroid medication for any reason?

Circle: no --- YES

Q. Do you now or have you earlier suffered from any form of asthma or severe allergic sinus congestion?

Circle: no --- YES

Q. Do you have an “autoimmune illness” of any kind (such as rheumatoid arthritis, ulcerative colitis, lupus, and many, many more!)?

Circle: no --- YES

Q. Are you now taking or have you earlier taken one of the newer “biological medications” for any kind of illness, including “autoimmune diseases” (the generic drug names usually end in “umab” or “imab” or “inib” or “cept,” others – ask your pharmacist)?

Circle: no --- YES

Q. Do you have other condition, illness, or circumstance where you have been told by a physician that you are immunocompromised (your immune system doesn't function normally as expected, even including frequent episodes of “colds” or “flu”)?

Circle: no --- YES

Q. Do you now have or did you earlier have allergies to any inhalants (such as pollens) or foods?

Circle: no --- YES

Q. Are you using any form of insulin for diabetes?

Circle: no --- YES

Q. Are your blood sugars higher than normal, even if you are taking medications for such problems?

Circle: no --- YES

Q. Are you pregnant or likely to become pregnant?

Circle: no --- YES

Q. Are you nursing an infant?

Circle: no --- YES

Q. Have you ever had any major operations?

Circle: no --- YES

Q. Have you ever had any kind of heart operation?

Circle: no --- YES

Q. Have you recently had a moderate or severe acute (sudden, short duration) illness, with or without a fever?

Circle: no --- YES

Q. Do you now have any chronic (long-lasting) illness, especially one for which you take frequent or daily medications?

Circle: no --- YES

Q. Are you *now* moderately or severely ill?
Circle: no --- YES

Q. Do you now suffer with puzzling symptoms, discomforts, even diseases that have continued to linger or even worsen despite treatments by general and specialist physicians?
Circle: no --- YES

Q. Have you recently been a patient in a hospital – or do you reside in an assisted-care or long-term nursing facility?
Circle: no --- YES

Q. Are you directly caring for a live-in older adult – or attending to them on a daily basis at their own home or elsewhere?
Circle: no --- YES

Q. Do you have a personal or family history of seizures?
Circle: no --- YES

Q. Have you ever suffered with any degree of a paralyzing neurological disease known as Guillain-Barré, from any cause?
Circle: no --- YES

Q. Have you ever suffered with one or more attacks of shingles – or with lingering painful discomforts afterwards?
Circle: no --- YES

Q. Do you have daily or frequent pains of any kind requiring aspirin, over-the-counter or prescription “NSAIDs” (such as ibuprofen), or even stronger prescription pain medications (codeine, others)?
Circle: no --- YES

Q. Do you have other health concerns Dr. Trowbridge should consider in offering a professional medical opinion regarding whether you should avoid a COVID-19 vaccine right now?
Circle: no --- YES

Details:

If you don’t carefully guard your health, *who will?*

Carefully consider your options, regarding personal risks and possible benefits, in deciding whether you choose to accept a COVID-19 vaccination:

“**FDA must ensure that recipients** of the vaccine under an EUA **are informed**, to the extent practicable given the applicable circumstances, that FDA has authorized the emergency use of the vaccine, of the known and potential benefits and risks, the extent to

which such benefits and risks are unknown, that **they have the option to accept or refuse the vaccine**, and of any available alternatives to the product.”

– <https://www.fda.gov/vaccines-blood-biologics/vaccines/emergency-use-authorization-vaccines-explained>

Questions to be addressed in future newsletters:

- Do any of the vaccines *really* work as desired?
- How long could “immunity” protection last ... after having been sick? after getting a vaccine?
- Is the COVID-19 virus getting *worse*? Or *better*?
- Are COVID-19 tests *accurate* ... when positive? ... when negative?
- Are my children/grandchildren at greater risk?
- Are my parents/grandparents at greater risk?
- Should I really worry that COVID-19 or other viruses could shorten my life or lead to long-term disability? What about my family?
- ... And *many more to come* in future postings!

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Go to <https://healthCHOICESnow.com/contact-us/>

Rely on an expert recognized by his peers

You deserve honest, straight-forward (not changing!) answers by an experienced physician who ...
... began graduate-level studies in immunology in 1968
... assisted in research in immunology for 3 years
... has over 40 years’ experience in directly caring for patients with a wide variety of complex illnesses
... is recognized internationally for his expertise in treating complicated infections, immune and autoimmune conditions, and puzzling diseases
... is a best-selling author/expert with several health books and numerous journal articles
... lectures to physician organizations in the United States and around the world – and has served as a director, officer, or president of several since 1974

You deserve personal attention to address your health concerns. to reduce your discomforts, and to enhance your joys in life, *naturally* ...

... by John Parks Trowbridge M. D.

Fellow, American College for Advancement in Medicine
Who’s Who® Top Doctor in Advanced Medicine
Who’s Who® Lifetime Achievement Award

Too many people fear that they can’t afford to pay for elegant services and world-class treatments that could

provide delightful comfort and experiences in coming years. Why would you dismiss this opportunity without even reviewing what is truly available to benefit you and your family? Call for a free consultation with one of our Treatment Counselors regarding your personal concerns.

World-renowned oil field firefighter Red Adair summarized it simply: “If you think it's expensive to hire a professional to do the job, wait until you hire an amateur.”

DIAL 1-800-FIX-PAIN
Telefacsimile 281-540-4329
www.healthCHOICESnow.com
9816 Memorial Blvd – Suite 205
Humble – Texas

Please print your name _____

and date completed _____

Should we send your reply to (fax) _____

or email _____

Any other comments: